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## Developing a Measure of Inclusiveness: Factors, Reliability, and Relationship to Job Satisfaction and Intention to Quit

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# Developing a Measure of Inclusiveness: Factors, Reliability, and Relationship to Job Satisfaction and Intention to Quit

## Abstract

This project was designed to develop the Inclusiveness Inventory, a measure of inclusiveness that was based on the integration of prior research and theory. Test construction consisted of conceptual item development, expert review, and editing by members of the participating organization to improve clarity. Survey items were administered to employees at a large, mid-western transit agency as part of a larger study on workplace climate. This paper explored the structure of the Inclusiveness Inventory by factor analysis. The hypothesized factors of the Inclusiveness Inventory included the dimensions of diversity climate, fairness, belongingness, uniqueness, and discrimination. Secondly, this study evaluated the reliability and relationship of the Inclusiveness Inventory to employee job satisfaction and intention to quit. Lastly, differences between men and women, as well as racial minorities and Whites, were explored. The results suggested a three-factor model and higher scores were related to greater job satisfaction and lower intention to quit. There were some differences between groups with small to moderate effect sizes. The results were considered in relationship to the implications and suggested directions for future research.

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DEVELOPING A MEASURE OF INCLUSIVENESS: FACTORS, RELIABILITY,  
AND RELATIONSHIP TO JOB SATISFACTION AND INTENTION TO QUIT

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A Dissertation

Presented to

the Faculty of the Morgridge College of Education

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In Partial Fulfillment

of the Requirements for the Degree

Doctor of Philosophy

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by

Briana K. Hedman

August 2016

Advisor: Dr. Patton Garriott

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RELIABILITY, AND RELATIONSHIP TO JOB SATISFACTION AND INTENTION  
TO QUIT

Advisor: Dr. Patton Garriott

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## **Chapter 1: Study Overview**

### **Introduction and Problem Statement**

Inclusiveness is a concept that continues to gain popularity because there is a need to effectively manage a diverse workforce that is representative of the current population of the United States (Cox, 2001; Kossek & Lobel, 1996). Unfortunately, a singular definition of inclusivity in the context of businesses and organizations remains elusive in current literature and practice. Some authors favor a discrete definition, such as the conceptualization of a continuum of inclusion-exclusion from decision-making processes (Mor Barak, 2000; Mor Barak & Cherin, 1998; Mor Barak & Levin, 2002). Other authors suggest a more comprehensive definition that encompasses concepts of value in diversity, belongingness, and complete organizational cultural change (Miller, 1998; Shore et al., 2011). This disparity creates challenges for the implementation of inclusiveness as a concept for organizational improvement.

The increased focus on inclusiveness in organizations is a current adaptation of how diversity in the U.S. labor force is conceptualized. Organizations are responding to the fact that the demographics of the U.S. labor force are changing as the proportion of women and minorities continue to increase in comparison to White men (Toossi, 2009). Overt discrimination and exclusion of women and minorities from many job opportunities was commonplace until legislation passed in the 1960s and made such practices illegal. Changes continue as the U.S. evolves from a position of correcting for



past inequalities in employment (i.e., affirmative action) to embracing the value associated with employee differences.

A business case has been made that links effective diversity management to benefits such as a more productive and creative workforce, increased employee loyalty, and higher attractiveness to potential applicants (Cox, 2001; Lee, 2008; van Marrewijk, 2004; Wooten, 2008). Improved diversity management and the promotion of an inclusive work environment could be especially beneficial in the sector of transportation jobs. There is a projected staffing shortage due to the inability to attract new workers at the rate of retirement (Toole & Martin, 2004) and there is a need to hire and develop trained professionals to fill these positions. Women and minorities continue to be underrepresented in the transportation industry and are an untapped resource to fill transportation jobs at all levels.

There is an abundance of literature linking perceptions of organizational climate to outcomes such as job satisfaction, intention to quit, psychological well-being, and general health (Carr, Schmidt, Ford, & DeShon, 2003; Parker et al., 2003). While some literature suggests that this might be especially true for employees who identify as belonging to minority groups (Mor Barak & Levin, 2002; Settles, Cortina, Stewart, & Malley, 2007), other literature suggests that diversity climate affects all employees, regardless of demographic differences (Ensher, Grant-Vallone, & Donaldson, 2001; Wessel & Ryan, 2012). Despite the lack of consistent findings linked to identity differences, both diversity management and inclusiveness have been identified as important components of organizational climate.

There is also no clear agreement on exactly which factors contribute to effective diversity management or the creation of an inclusive organization. There is clearly a need to better understand the concept of inclusiveness, including the determinants and outcomes of an inclusive organizational climate (Roberson, 2006). The current lack of clarity may be contributing to the disconnect between the aspirational goals of organizations and the real-life implementation of methods designed to change organizational culture.

The development of a theoretically-based model and measure of inclusiveness could be important for both the recruitment and retention of a diverse workforce. In their review of organizational impression management Avery and McKay (2006) indicated that organizations need to recognize that women and minorities place higher importance on issues of fairness and inclusion when seeking employment. In order to successfully recruit women and minorities organizations need to effectively communicate that they value diversity beyond a motive to “meet a quota.” Having and utilizing a measure of inclusiveness could potentially be an indicator that an organization values employee perceptions of climate beyond a simple head count.

In addition, tracking only objective measures of diversity practices may be insufficient for improving organizational outcomes. For example, in one research study there was no connection found between the number of formal complaints about discrimination and perceptions of discrimination, however there was a strong negative relationship between perceptions of discrimination and job satisfaction, organizational commitment, and organizational citizenship behavior (Ensher et al., 2001). Another study purposefully chose to compare three organizations that each had a reputation for

successful recruitment and retention of diverse workforces in order to demonstrate the differences in perceptions of diversity climate (Ely & Thomas, 2001). Their findings help to explain how underlying values about diversity can impact work group functioning so that diversity can have a positive or negative effect on interpersonal work relationships and outcomes, even in organizations that do employ a diverse workgroup. This is consistent with the lack of reliable empirical support for the benefits of diversity management and the suggestion to measure level of diversity acceptance and valuing of differences, rather than measuring proportional representation (Gilbert, Stead, & Ivancevich, 1999; Kochan et al., 2003).

Another reason to measure perceptions of climate is that there may be inconsistencies between an organization's formal and informal practices in regard to diversity. These kind of ambiguous climates may actually have additional negative consequences. If for example an organization has a "zero tolerance policy against discrimination" but employees actual experiences of discrimination are high, then the efforts to support diversity could be seen as hypocritical and make the situation worse (Triana, Garcia, & Colella, 2010).

Some findings suggest that there is a connection between successful diversity initiatives and the use of measures of climate. In a report that evaluated the initiatives and outcomes at universities that received funding to increase the participation of women in the academic fields of science and engineering the authors determined that measuring the progress of initiatives with research, such as climate studies or tracking of other indicators, was related to more successful institutional transformation (Bilimoria, Joy, & Liang, 2008). The authors suggested that research and evaluation should be a critical

element of any initiatives designed to increase the participation of women and minorities. All of these findings lend support to the need to develop a measure of employee perceptions of inclusiveness as a way to improve and track the impact of diversity initiatives at organizations.

### **Purpose of the Study**

The purpose of this study was the development of a measure of inclusion based on theory. The study had two main objectives: first, to develop an empirically supported and comprehensive measure of inclusiveness that incorporates the factors of employee perceptions of diversity climate, fairness, belongingness, uniqueness, and discrimination. Additionally, the instrument should assess the extent to which those perceptions are related to individual employee outcomes such as job satisfaction and turnover intention.

### **Research Questions**

Using a measure developed with a public transit organization, the following research questions will be addressed:

1. What is the factor structure for the Inclusiveness Inventory?
2. Do scores on the Inclusiveness Inventory produce adequate reliability estimates?
3. Is the Inclusiveness Inventory related to job satisfaction and turnover intention?
4. Are there differences between men and women on the Inclusiveness Inventory?
5. Are there differences between Whites and people who identify as racial or ethnic minorities on the Inclusiveness Inventory?

## Hypotheses

Based on the above research questions, the following are the research hypotheses:

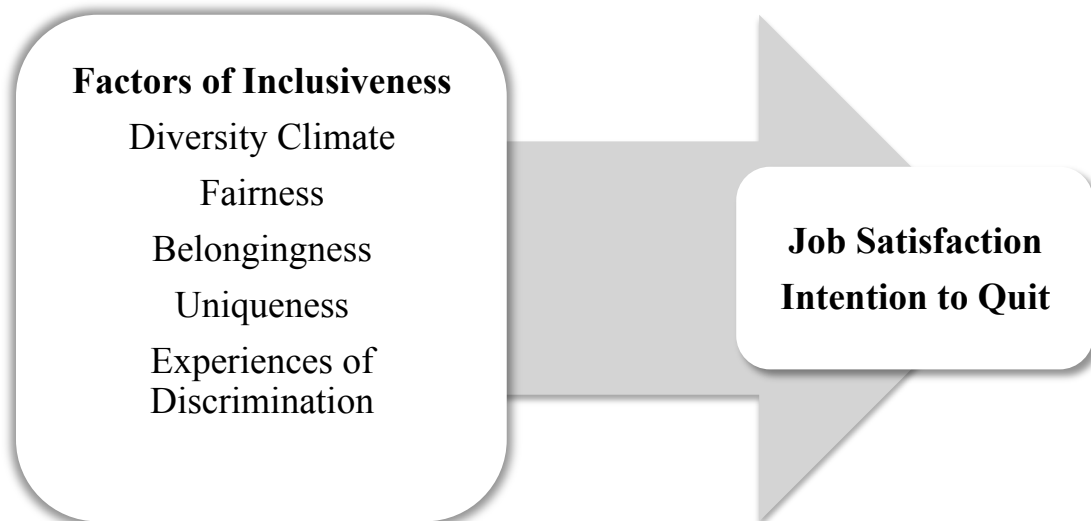
1. Employees who have higher ratings of inclusiveness have higher levels of job satisfaction and lower levels of turnover intention.

2. Women have lower ratings of inclusiveness, lower levels of job satisfaction, and higher levels of turnover intention compared to men.

3. People who identify as racial or ethnic minorities have lower ratings of inclusiveness, lower levels of job satisfaction, and higher levels of turnover intention compared to Whites.

## Proposed Conceptual Model

Figure 1



## **Chapter 2: Literature Review**

### **A Brief History**

The proportion of women and minorities in the workforce continues to increase in the United States, creating opportunities and challenges for organizations. According to the Department of Labor, the rate of growth of women in the workforce is projected to continue to increase faster than men (Toossi, 2009). At the same time, the proportion of White non-Hispanic workers is expected to continue to decline from the rate of 79% in 1988 to 64% in 2018 (Toossi, 2009). As a result of the country's demographic changes organizations have recognized that they must make efforts to effectively manage a diverse workforce (Kossek & Lobel, 1996).

Historically, women and minorities were excluded entirely from participation in many sectors of the labor market. The Civil Rights movement and corresponding legislation made overt exclusion illegal, however women and minorities continue to be underrepresented in certain fields and at higher levels of power as compared to White men (Federal Glass Ceiling Commission, 1995; Padavic & Reskin, 2002). There are also ongoing disparities regarding wage earnings as Hispanics and Blacks earn less than Whites and Asians, and women earn less than men (U.S. Department of Labor, 2011).

Transportation is one such industry that continues to be dominated by men with only 15% women represented (U.S. Department of Labor, 2011). There has been concern about an upcoming shortage of workers in the transportation sector “as nearly half of that

workforce will be eligible for retirement in the next ten years” (U.S. Department of Transportation, 2013). The U.S. Department of Labor has identified transportation as a high-growth industry but challenges to meeting that labor need include low public image, poor access to non-traditional labor pools (e.g. women), and loss of workers to the private sector (U.S. Department of Labor, 2007). The ability to recruit and retain diverse workers will be particularly critical for this industry if it is to meet the existing workforce challenges.

Affirmative action has been used across industries as a strategy to correct for historical and ongoing discrimination in the employment of women and minorities, but the reactions to these types of policies have been mixed. Murrell and Jones (1996) reviewed reports on the effectiveness of such policies and determined that affirmative action has contributed to the increased participation and earnings of women and minorities in the workforce without evidence of decreased productivity or performance. However, despite the effectiveness of affirmative action it remains controversial (Mor Barak, 2011; Reskin, 1998), such as recent claims of “reverse discrimination” going all the way to the Supreme Court. Even the beneficiaries of antidiscrimination policies can have negative reactions because of the perception that they may have been hired based on their race or gender rather than merit (Heilman, 1996).

The ongoing controversy surrounding affirmative action may have contributed to the embrace of “diversity management” programs starting in the 1990’s (Yakura, 1996). While equal rights legislation and affirmative action policies have the goal of eliminating discrimination and increasing diversity in the workplace, diversity management is seen as a voluntary strategy with the goal of improving the environment of the workplace in

order to benefit from diversity (Cox, 2001; Gilbert et al., 1999; Kossek & Lobel, 1996; Mor Barak, 2011). For example, Yakura (1996) stated that, “managing diversity...is a business initiative that refers to the goal of having every individual within an organization achieve their potential” (p. 35). This ostensibly less controversial strategy continues to gain popularity among organizations.

Highlighting the progress made, it is currently the case that the majority of large organizations in the U.S. have some sort of diversity initiative (Society for Human Resource Management [SHRM], 2010), whether it is a statement of Equal Employment Opportunity (EEO) practices, a diversity awareness training program, a diversity council, mentorship, or other program. Unfortunately, the empirical evidence of the effects of diversity management initiatives continues to be lacking or inconsistent (Kochan et al., 2003). For example, in the large-scale and multi-site project conducted over a period of five years by the Diversity Research Network the authors highlighted the challenges of obtaining objective data to test for the positive or negative effects of diversity. Over the course of two years and after discussing possible data collection with 20 interested companies to test the business case for diversity only four actually participated in the research. The authors found that few organizations had any method for assessing the impact of diversity efforts and in some cases there was even a reluctance to implement objective measures. Barriers to participation included legal counsel against it, time and resource concerns (i.e. employee time), and beliefs that there was already enough support for diversity efforts at the organization so data collection was unnecessary. In general, the organizational-level outcomes remain poorly studied but preliminary evidence suggests that there may be both positive and negative consequences to increased diversity



depending on organizational context. However, companies may be reluctant to give up the vague ideal that diversity is important and that every employee can reach his or her potential and thus avoid the hard data that may reveal a more complex reality. (Kochan et al., 2003)

The concept of creating an inclusive organizational culture is a relatively new development. However there is some debate as to whether this represents a substantive difference with existing diversity management practices or simply a change in terminology. Some authors use definitions of diversity management or inclusiveness that contain one or both terms. For example, Mor Barak (2011) combined the concepts by defining diversity management as, “the voluntary organizational actions that are designed to create *greater inclusion* [emphasis added] of employees from various backgrounds into the formal and informal organizational structures through deliberate policies” (p. 235). Part of the confusion seems to exist because there is a disconnect between practitioners and academics. In an article for *Public Personnel Management* the president and CEO of the Kaleel Jamison Consulting Group claimed that they “began using the concept of ‘inclusion’ in 1990...in part to differentiate between true culture change and a mere change in head-count” (Miller, 1998, p. 160). Miller (1998) went on to define the difference between diversity as the “make-up of a group,” while “inclusion describes which individuals are allowed to participate and are enabled to contribute fully in the group” (p. 151).

Roberson (2006) explored the conceptual differences between diversity and inclusion by asking human resource representatives for their definitions. The findings indicated that although some distinctions were made, there was ultimately so much

overlap in the factor analysis that the author concluded, “inclusive work practices and diversity-related outcomes may be characteristic of organizations that are diverse and/or inclusive,” and moreover, “the move from diversity to inclusion in organizations may primarily represent a change in language rather than a material change in diversity management practices” (p. 230).

More recently, there has been some discussion of how to understand the movement from diversity to inclusiveness from a broader historical perspective. In their review of business practices and literature, Nkomo and Hoobler (2014) found that there was an ideological shift by organizations to have policies that reflected inclusiveness while the research lagged behind. Their content analysis on articles published between the years 2000 to 2011 showed that a large number of studies continued to focus on providing a “business case” for diversity and on answering questions about how diverse groups can best work together (p. 254). In another review, Oswick and Noon (2014) warned against the trend to embrace “rhetorical trends” in human resource management through the disparagement of the approaches that came before. They discuss how anti-discrimination approaches may become “fashionable” and both practitioners and researchers can get caught up in proving the superiority of newer trends. However, the authors suggest that various anti-discrimination solutions, such as equality, diversity, and inclusive initiatives, “could be beneficial in combination rather than in isolation” (36).

Although there is some cynicism regarding the changing terminology (Roberson, 2006; Yakura, 1996), it is clear that organizations have identified diversity and inclusiveness as critical to their success (Cox, 2001; Kossek & Lobel, 1996; Mor Barak, 2011). It is widely accepted as good business practice to consider workplace diversity

issues from not just the legal and ethical perspectives (“the right thing to do”), but also from the “bottom line” perspective of being profitable (Cox, 1993; Frink et al., 2003; McKay, Avery, & Morris, 2009). Additionally, a large body of literature supports the connection between employee perceptions of climate and many organizational and individual outcomes, such as intention to quit, job satisfaction, productivity, and general health and well-being, which is discussed in further detail below.

### **Theoretical Perspectives**

Much of the literature regarding diversity and inclusiveness is grounded in social identity theory. Social identity theory was first developed by social psychologists Henri Tajfel and John Turner in the 1970s as a way to understand intergroup conflict and individual identity in social context. The central concepts are that (1) social identity is part of an individual’s self-concept that derives from belonging to a social group along with the emotional significance of that membership (Tajfel, 1981). This social identity is both long-lasting and contextually driven, such that in some situations group membership may be more or less important than personal identity (Tajfel, 1981; Turner, 1982). In addition, each individual has multiple group memberships and one may be more or less salient in a given context (Tajfel, 1981; Turner, 1982); (2) People are motivated to have a positive social identity and want to belong to positively viewed social groups (“positive distinctiveness”; Turner, 1982). (3) The desire to enhance self-esteem is one reason that people tend to favor in-group members over out-group members (Turner, 1985); (4) In addition:

Where the in-group lacks positive distinctiveness, members will be motivated either to leave that group physically or dissociate themselves from it psychologically and aspire to membership of a higher status group or to adopt

creative and/or competitive strategies to restore its positive distinctiveness. (Turner, 1982, p. 34).

One of those strategies may be to devalue or exclude people who are thought to be different, thus enhancing one's own social group (Tajfel & Turner, 1986). (See Mor Barak, 2011 for a detailed review.)

Mor Barak and fellow researchers have provided one of the few theoretically-based and most often cited definitions of inclusion for organizations (Mor Barak, 2000; Mor Barak & Cherin, 1998; Mor Barak & Levin, 2002). Based on social identity theory and the importance of group membership, inclusion is conceptualized as falling along an inclusion-exclusion continuum reflecting the extent to which individuals, especially those from minority groups, "feel part of important organizational processes that affect their jobs and the extent to which they have access to the organizational decision-making process and to its information networks" (Mor Barak & Levin, 2002, p. 136). Some of the strengths of this model are that it is based on theory and has been empirically tested and found to be related to important outcomes, such as intention to quit. However, the utility of this model may be limited because it only includes one possible dimension of inclusiveness and does not address any other potentially related factors.

More recently, Shore et al. (2011) suggested a model of inclusiveness that is multidimensional and attempts to integrate a large body of prior research. The authors review the literature on organizational inclusion and diversity from the perspective of the Brewer's optimal distinctiveness theory (ODT) which suggests that people are motivated to balance the need for both belongingness and uniqueness (Shore et al., 2011). Based on this framework there can be different levels of belongingness and value in uniqueness

that contribute to experiences of exclusion (low belongingness/low value in uniqueness), assimilation (high belongingness/low value in uniqueness), differentiation (low belongingness/high value in uniqueness), or inclusions (high belongingness/high value in uniqueness) (Shore et al., 2011). Unlike the model that considers only access to decision-making (Mor Barak & Levin, 2002), this model allows for multiple contextual factors that may contribute to perceptions of inclusiveness such as fairness, diversity climate, leadership styles, and various formal and informal practices at an organization (Shore et al., 2011). The limitation of this definition, however, is that it has not been empirically tested and the level of contribution of each unique factor remains unknown.

The importance of balancing uniqueness and belongingness is expressed in the definition of inclusiveness provided by the transportation company that participated in the current research project. The organization used the following as a guideline: "The Inclusiveness Committee has defined inclusiveness as the general feeling of acceptance of one's unique individual characteristics and point-of-view by members of his or her immediate work group and the organization as a whole." Considering a more robust model of inclusiveness is warranted at this time because of the lack of consensus that remains in the current literature.

### **Demographic Differences**

The research related to how demographic differences may impact perceptions of work climate and associated outcomes is mixed. Much of the research has focused on the highly visible social categories of gender and racial or ethnic identity. In some studies different identities were linked to different perceptions of the workplace. For example, a study conducted with a large sample of employees from an electronics company found

that women and racial and ethnic minorities (both men and women) viewed their organization as less fair and less inclusive than White men (Mor Barak, Cherin, & Berkman, 1998). Similar findings have been seen across settings, including universities (Bilimoria et al., 2008), factories (Gruber & Bjorn, 1982), policing (Gustafson, 2008), and other male-dominated occupations (Yoder, 2002). Moreover, there is a link between negative perceptions and negative outcomes, including low job satisfaction, high intention to quit, and low connection to the organization (Bilimoria et al., 2008; Findler, Wind, & Mor Barak, 2007). These different perceptions may partially account for the lagging participation of women and minorities in certain organizations and at higher levels of power.

On the other hand, there is also research that suggests that all employees, regardless of social identity, are impacted by organizational climate. Several studies found no relationship between gender or race and perception of justice (Cohen-Charash & Spector, 2001), discrimination (Ensher et al., 2001), or organizational attachment (Gilbert & Ivancevich, 2001). In addition, the research supporting the existence of differences between groups has been critiqued. Wessel and Ryan (2012) point out that even in the study that did find that women valued diversity more than men (Mor Barak et al., 1998), the mean score for both was still above the midpoint, indicating that both groups valued diversity. In their own study the findings supported prior research that overall women perceived climate as being more sexist. However there was a significant negative relationship for both men and women between perceptions of a sexist climate and job satisfaction (Wessel & Ryan, 2012). This means that the men who did perceive a

sexist climate for women had more negative affective reactions and had less job satisfaction than men who did not perceive sexism against women in the workplace.

Some researchers have even suggested that men may be more sensitive to climate issues than women. Contrary to other studies, Hitlan, Clifton, and DeSoto (2006) found that the perception of exclusionary behaviors at work were related to lower job satisfaction, lower psychological health, and higher self-esteem threat for men, but not for women. The researchers theorized that gender moderated the effect of exclusion because “men define themselves more in terms of their workplace performance than women” and thus the effect of exclusion was more directly related to negative outcomes (Hitlan et al., 2006, p. 221). Although this finding is limited to a single study, it does suggest that the issue is more complicated than simple categorizations may imply.

Whether or not women and racial or ethnic minorities have different perceptions of organizational climate and if those perceptions impact outcomes differently remains to be determined. There have also been suggestions to consider a wider range of social identities when studying organizational climate, such as sexual orientation, immigration status, disability, and religion, however doing so is beyond the scope of the current study. One thing that is consistent across the literature is that negative perceptions of climate are linked to negative outcomes for employees and there is widespread agreement that measuring subjective perceptions is critical (Bilimoria et al., 2008; Cox 1993; Ensher et al., 2001; Hitlan et al., 2006; Mor Barak et al., 1998; Mor Barak & Levin, 2002; Wessel & Ryan, 2012). Based on this review, then, it seems that negative perceptions of diversity climate can have an impact for all employees, not just the targets of discrimination, but that it may still be important to look for potential differences across groups.

## **Factors That Comprise the Construct of Inclusiveness**

The promotion of inclusiveness has developed as a way for organizations to acknowledge and benefit from the wide range of demographic and other differences that exist within the workforce. However, as a relatively new concept there are still different meanings and definitions of inclusiveness. Because inclusiveness is still a relatively new term in the literature, it is important to look at potentially related constructs of diversity climate, fairness, belongingness, uniqueness, and discrimination.

**Diversity climate.** The research related to workplace diversity climate shares considerable theoretical and practical overlap with workplace inclusiveness. In fact, some authors use the terms interchangeably (Mor Barak, 2011) or question if there is any difference between the two concepts (Roberson, 2006). However, it is helpful to review the literature related to diversity climate because it has a longer history and has served as the foundation for more recent research about inclusiveness.

Early work on diversity climate concentrated on the impact of relative numbers of employees who differed from the majority. Kanter's "token theory" (1977) was a critical development in the literature as she explored the experiences of women in male-dominated corporations in her book *Men and Women of the Corporation*. Her theory suggested that it was system-level organizational structure, rather than individual characteristics, that best explained women's experiences and lack of advancement (Gustafson, 2008; Kanter, 1977; Yoder, 2002). A "token" was defined as someone from a minority subgroup that made up 15 percent or less of the group. The consequences for women of being part of the proportional minority included greater visibility and



performance pressure, isolation, and role encapsulation (Gustafson, 2008; Kanter, 1977; King, Hebl, George, & Matusik, 2010;).

More recent research has supported the idea that relative representation is important and related to how employees perceive their organization. In the often cited study by Ely (1994) comparing the experiences of junior women in law firms with few or proportional number of women partners the findings showed that it was relative numbers of women in power, not the “intrinsic nature” of female relationships that was important. Women in male-dominated firms reported lower support from other women peers and superiors compared to women at balanced organizations. Women at balanced organizations reported that women superiors were a source of support, were seen as role models, and they had less distress related to competitive peer relationships with other women. This study demonstrated the importance of the demographic structure of organizations because the distribution of power may be one way that people from different identity groups make meaning of their situation and potential to advance (Ely, 1994).

However, the experience of tokenism or being part of a minority in an organization must also be considered within the greater social context. For example, token men may be viewed more favorably and have less negative experiences than token women (King et al., 2010; Yoder, 2002). Tokenism intersects with social context such that token status is a negative experience for lower-status tokens, generally women and racial or ethnic minorities (Yoder, 2002). Importantly, “the negative outcomes associated with token numbers do not result from proportional scarcity alone but rather from underrepresentation combined with lower status” (Yoder, 2002, p. 5).

In addition to social context, perceptions of an organization's psychological climate may help to explain the relationship between token status and job-related outcomes. One study expanded on Yoder's (2002) suggestion to consider social context and examined the relationship between a woman's objective and subjective experience as a token and her perceptions of the gender climate at the organization (King et al., 2010). The objective measure of token status was measured by asking women to estimate the number of men and women at their organization. Subjective experiences of tokenism were measured by asking about experiences with increased visibility, social isolation, and gender role expectations. In two studies with women in the general population the authors found that women who reported both objective and subjective experiences of tokenism were more likely to perceive gender inequity in the organization. However, the subjective experience of tokenism mediated the relationship between objective token status and perceptions of climate. The findings support previous research (Ely, 1994; Kanter, 1977) demonstrating that while objective measures such as relative representation have an effect on individual's perceptions and outcomes at an organization, it is the way in which an individual interprets the meaning of her token status that plays a role in shaping perceptions of organizational climate.

Compared to research focused on objective measures of diversity the findings that link an individual's perceptions of the diversity climate at an organization to outcomes has received more attention. The Interactional Model of Cultural Diversity (IMCD) developed by Cox (1993) was a turning point in the diversity literature. He argued that it was not only contextual factors, but perceptions of the climate that explained the connection between diversity and organizational performance. Diversity climate was

understood to be the collective factors of individual identity, intergroup interactions, and organizational culture and structure. The climate of the organization, rather than the mere existence of diversity, could either have positive or negative impacts on individual career outcomes (i.e. commitment, turnover, satisfaction) and organizational outcomes (i.e. creativity, productivity) (Cox, 1993; Cox & Beale, 1997). With regard to the importance of perceptions Cox (1993) wrote, “What people believe about their opportunities in the work environment is of vital importance regardless of whether or not these beliefs are consistent with the facts” (p. 15) and strongly recommended the use of opinion data.

A qualitative study conducted by Ely and Thomas (2001) was designed to develop a theory related to diversity perspectives at work. They identified three different organizational diversity perspectives based on the dimensions of employee perceptions of racial climate, level of value and respect, and the significance and meaning of racial identity at work. The most successful workgroup teams were in the organization that had an “integration-and-learning perspective,” which was characterized by high value of cultural identities and differences as a potential resource, as well as measuring progress by the degree to which traditionally underrepresented groups have power to change the organization. This was in contrast with the “access-and-legitimacy” perspective which valued workforce diversity for the purpose of access to minority markets and the “discrimination-and-fairness” perspective which used moral reasoning (“the right thing to do”) as the primary purpose for promoting diversity.

These differences in diversity perspectives may help to explain the lack of success of some organizational policies designed to improve diversity climate and the discrepancy between objective and subjective measures of diversity climate. In fact, all of

the organizations in the Ely and Thomas (2001) study had objectively successful diversity management programs and were able to recruit and retain minority workers at all levels, but the subjective experiences of those workers varied substantially. While this study has been important for the theoretical development of the concept of diversity climate, one of the major limitations is that it is difficult to gauge the generalizability of the findings. The team that used the integration and learning perspective of diversity was relatively small (between 4 and 7 people) and a lot of time was spent discussing personal diversity issues, allowing for conflict and constructive conversations among coworkers. Translating the amount of time and energy spent on exploring misunderstandings, areas of improvement, and personal identity that made this perspective successful may be difficult in larger work groups and organizations.

Research related to diversity climate is theoretically and practically related to inclusiveness. Relatively low numbers of minority representation has been linked to outcomes such as isolation, lack of advancement, and low satisfaction (Ely, 1994; Gustafson, 2008; Kanter, 1977; King et al., 2010). However, these proportional differences must be considered within the greater social context where some minority groups have lower status (typically women and racial and ethnic minorities) such that high-status tokens (i.e., White men) may not experience negative effects related to being part of a numerical minority at work (King et al., 2010). There is now a greater focus on the impact of psychological climate related to diversity rather than just focusing on proportional representation. An employee's perceptions of how an organization views diversity, for example "tolerating" or embracing differences, have an impact on

commitment, turnover, and satisfaction (Cox, 1993), even in organizations that are objectively diverse (Ely & Thomas, 2001).

**Fairness and justice.** Organizational fairness and justice have been studied as related and interchangeable concepts that are linked to important organizational outcomes, such as intention to quit, organizational citizenship behavior, job satisfaction, and employee conflict (Cohen-Charash & Spector, 2001). There are two related but unique components of justice. Distributive justice is defined as the perceptions of fairness related to how resources are allocated, while procedural justice is related to the process of how decisions are made rather than the actual outcomes of those decisions (Cohen-Charash & Spector, 2001).

The findings related to the importance of demographic differences in perceptions of justice are mixed. Some studies have found that women and minorities have lower perceptions of fairness as compared to White men (Mor Barak et al., 1998). The authors explained that White men may be more likely to look at a company's formal policies and assess them to be fair, while women and minorities may have more experience with informal practices that are potentially discriminatory or otherwise unfair (Mor Barak et al., 1998). Supporting this connection, Triana and Garcia (2009) found that employees who had experienced workplace racial discrimination were more likely to perceive procedural injustice. It may be for these reasons that Shore et al. (2011) suggest that ensuring fair business practices for employees from underrepresented groups is particularly important because of past and current experiences of injustice. Despite evidence from some research that supports the claim that there are differences in perceptions across groups, a meta-analysis of 190 studies of justice in organizations

found no relationship between employee age, gender, race, education, or tenure and perception of justice (Cohen-Charash & Spector, 2001). Due to the lack of a direct connection with demographic variables the authors suggest that it may be important for future research to look at the conditions under which group membership impacts perceptions of justice (Cohen-Charash & Spector, 2001).

Despite the mixed evidence related to demographic differences, organizational practices and perceptions of fairness have been directly linked to definitions of inclusiveness. According to Shore et al. (2011), “a climate of inclusion is one in which policies, procedures, and actions of organizational agents are consistent with fair treatment of *all* social groups” (p. 1277, emphasis in original). Also, some of the concepts related to justice overlap with inclusiveness. For example, one element of procedural justice is voice, which has been defined, “as having input or influence in an organization in which one is a member” (Settles et al., 2007, p. 272). This is similar to the conceptualization of the inclusion-exclusion continuum as the extent to which employees feel they are part of organizational processes and decision-making (Mor Barak & Levin, 2002).

It appears that justice and fairness are integral but not sufficient conditions for an inclusiveness workplace. In a qualitative study conducted by Ely and Thomas (2001) the authors described organizations with a “discrimination-and-fairness perspective” of diversity as being focused on “equal opportunities in hiring and promotion, suppressing prejudicial attitudes, and eliminating discrimination” and the belief that “a culturally diverse work group...is meant to be evidence of just and fair treatment of employees” (p. 245-246). While this may seemingly be a positive view, in practice it created a “color-

blind” work environment where openly discussing issues related to diversity were discouraged because the measure of success (e.g. fairness in terms of numerical representation) had already been attained. Thomas and Plaut (2008) also make the case that the “mere existence” of formal organizational policies such as Equal Employment Opportunity (EEO) statements may contribute to subtle resistance to conversations about diversity because they are used as evidence that contributes to the myth that the organization does not have problems with discrimination (p. 17).

In addition, the presence of formal policies or statements of fairness does not necessarily correspond to the informal practices and perceptions held by employees. The presence of organizational practices such having a “zero tolerance policy against discrimination” can actually have a negative impact if there are discrepancies between organizational statements and actual employee experiences. In the study by Triana et al. (2010) the authors found that for the predominantly African-American sample higher organizational support for diversity was associated with a more negative relationship between perceived racial discrimination and commitment to the organization. The authors suggest that the efforts to promote fairness with blanket statements could be seen as hypocritical and make the situation worse, especially when experiences of discrimination are high (Triana et al., 2010).

Perceptions of organizational justice and fairness are related to how resources are allocated and how decisions are made (Cohen-Charash & Spector, 2001). It is unclear if membership in traditionally underrepresented groups is systematically related to different perceptions of fairness. Some authors have suggested that women and minorities may be more sensitive to issues of fairness, which may include a greater awareness of informal

practices (Mor Barak et al., 1998; Shore et al., 2011). Others have found no connection of group membership and perceptions of fairness (Cohen-Charash & Spector, 2001). In general, formal organizational policies designed to ensure fairness and justice are only partially related to employee perceptions and outcomes (Thomas & Plaut, 2008; Triana et al., 2010). What is consistent across the literature is that the perceptions of justice and fairness, not the mere existence of policies, are related to employee satisfaction, commitment, and intention to quit (Cohen-Charash & Spector, 2001).

**Belongingness.** Belongingness has been identified as a fundamental human need (Baumeister & Leary, 1995). Research across disciplines shows that people are highly motivated to seek out and maintain social bonds and that lack of belongingness leads to negative effects, including depression, anxiety, increased stress, and poorer health (Baumeister & Leary, 1995). As such, belongingness is critical in how individuals experience social interactions, including being part of a work group or organization.

Employee perceptions of belongingness to an organization and workgroup attachment are related to outcomes such as job satisfaction and commitment. In fact, the component of climate perception which included the interpersonal relations among workers was found to have the strongest relationship on job satisfaction and organizational commitment as compared to both the cognitive (e.g., opportunities for growth, autonomy) and instrumental (e.g. structure, extrinsic rewards) facets of climate (Carr et al., 2003). This suggests that the quality of relationships among workers is critical to employee satisfaction and may be more than or at least as important as other more objective job experiences, such as receiving incentives.



Belongingness has been theoretically linked to diversity management and inclusiveness. In the Shore et al. (2011) model perceived belongingness is one of the dimensions that distinguishes inclusive work environments, which have high levels of belongingness, from either exclusion or differentiation, both of which are characterized by low levels of belongingness. Some suggest that one way of promoting belongingness may be through effective diversity management. Gilbert and Ivancevich (2001) were interested in how diversity management would impact organizational commitment and attachment. They compared an organization that made strong efforts to promote diversity with an organization that had no diversity goals other than compliance with affirmative action and measured the perceived work group attachment, organizational commitment, and self-reported employee absenteeism. Findings suggested that in the organization that had a high level of focus on diversity management all groups had greater perceptions of attachment and commitment compared to the second organization. In the organization that did not have a cohesive approach to diversity management women and minorities had lower perceptions of attachment compared to men and Whites, respectively.

People are highly motivated to seek out and maintain connections with other people across many social experiences (Baumeister & Leary, 1995), including being part of a work group or organization. It is no surprise then that the affective experience of feeling a sense of belongingness and connection at work increases job satisfaction and commitment (Carr et al., 2003). A sense of belongingness may come from the individual connections one has with coworkers (Carr et al., 2003) and/or through the organization's efforts to manage and value a diverse workforce (Gilbert & Ivancevich, 2001).

**Uniqueness.** Feeling valued as a unique individual in the workplace is a theme that has garnered limited attention in the literature (Shore et al., 2011). The unique characteristics that an individual brings to the organization may or may not be related to diversity and social identity. Social identity theory predicts that part of one's self-concept and self-esteem is defined by various group identities, so to that extent, "honoring differences which result from group memberships and equitably rewarding employees for dissimilar contributions is important" (Gilbert et al., 1999, p. 69). However, group membership is just one element that contributes to self-concept and factors beyond those related to social categorization must be valued as well.

Along the same lines, an individual's perception of being valued for his or her uniqueness is a distinct but related concept to the perception of diversity climate at the organization in general. For example, an individual's experience of being valued or devalued by other employees can be measured independently from the perception of the organizational-level support of diversity (Triana & Garcia, 2009). This distinction may also explain why there is no consistent empirical support about how group membership contributes to perceptions of climate. As Yakura (1996) points out, managing diversity is related to the ideal of valuing the diversity and uniqueness of individuals and the "inclusion of all groups, legally protected or not" (p. 36). Valuing unique contributions from all employees, including those from groups who traditionally hold power, may be a way to prevent claims of reverse discrimination or reduce the sense of defensiveness that some employees may feel in response to the promotion of a "diversity agenda" (Thomas, 2008).

The other side of the argument is that it can be detrimental to focus on uniqueness. From the perspective of tokenism theory, being part of a numerical minority increases stress through higher visibility and contrast within the “norm” of the organization (Gustafson, 2008). Tokens may feel a higher pressure to perform at a high level (“model minority”), to differentiate and be isolated from the majority, or to assimilate. Although some organizations may favor conformity, more take the perspective of Cox (1993) who has suggested that diverse organizations can benefit from new perspectives and improved access to a new markets that various employees bring. While this may demonstrate increased value of uniqueness over complete assimilation, it is still problematic. Ely and Thomas (2001) described this as the “access-and-legitimacy” perspective of diversity in which employees are valued for their unique contributions only in as much as it brings new business opportunities. Understanding how an individual’s perception of being valued at an organization connects to overall perceptions of climate and outcomes remains to be determined.

**Discrimination.** One way of understanding inclusiveness is to look at the opposite, such as harassment, discrimination, and other forms of exclusion. Discrimination is understood to be the “behavioral bias toward a person based on the person’s group identity” (Cox, 1993) that can have an impact on access to jobs, promotions, and compensation regardless of ability (Mor Barak, 2011). It can occur at the individual, organizational, and/or institutional level (Ensher et al., 2001). Although it is now illegal to discriminate based on gender, race, or other legally protected characteristics, this kind of overt discrimination does still occur. In fact, in 2013 the U.S. Equal Employment Opportunity Commission (EEOC) received over 90,000

discrimination charges, two-thirds of which were related to discrimination based on race or gender (EEOC, 2013). Covert or subtle discrimination may include a preference to promote or hire people who are socially similar, what Kanter (1977) referred to as “homosocial reproduction.” Some people may also find limited access to informal social networks (Mor Barak & Cherin, 1998), which are often sources of important information for advancement.

Both overt and covert forms of discrimination can have an impact on employee perceptions and outcomes. The negative effects of perceived discrimination include organizational outcomes such as low commitment (Triana & Garcia, 2009), decreased motivation (Cox, 1993), and decreased job satisfaction (Mor Barak & Levin, 2002), as well as general effects such as decreased life satisfaction, low self-esteem, and poorer health (Gruber & Bjorn, 1982). Organizations clearly have legal, moral, and bottom-line motivations to eliminate discriminatory practices.

Like the other constructs related to inclusiveness, there has been a move to understand perceptions of discrimination rather than relying solely on objective measures. Ensher et al. (2001) found that perceptions of co-worker, supervisor, and organizational discrimination were all negatively related to job satisfaction, organizational commitment, and organizational citizen behavior. The results indicated that there were no differences in perceived discrimination between racial and ethnic groups, although it is important to note that a majority of the participants were minorities (22% White) and a majority were female (70%). The lack of significant differences between groups could possibly be related to the nature of the measure which asked about different levels of racism and sexism in general, and not necessarily discrimination

directed at the individual, such as the statement, “My supervisor sometimes makes racist comments” (p. 61). However, it also suggests that the perception of a discriminatory climate at work can have negative effects for all employees, regardless of social identity (Ensher et al., 2001).

In addition, the results did not find a link between perceptions of discrimination and number of grievances. The authors suggest that this might be related to the fact that the specific type of grievance was not indicated, thereby reducing the ability to detect a relationship (Ensher et al., 2001). However, this could also be an indication that measuring the number of formal complaints is not necessarily the best indicator for understanding the diversity climate at an organization. This is consistent with the finding that the majority of targets of sexual harassment, a form of sex discrimination, do not file an official charge (Gruber & Bjorn, 1982; Gutek, 2001). Employees may be reluctant to formally report discrimination for fear of either retaliation or inaction. This further supports the argument for measuring perceptions of climate in addition to objective measures.

### **Current Measures of Diversity Climate and Inclusiveness**

Researchers and industry professionals agree that employee perceptions of workplace climate are important to measure, track, and understand because they are connected to both individual employee- and organizational-level outcomes. This call for better understanding has been especially strong in response to the growing demographic diversity of the workforce and the mixed results of various diversity initiatives. Despite the consensus about the importance of measurement, a cohesive model or measure does not exist that incorporates the potential dimensions of inclusiveness. Indeed the construct

of inclusiveness remains elusive, with some researchers calling for a singular dimension (Hitlan et al., 2006; Mor Barak, 2011) and other calling for a more expansive conceptualization (Shore et al., 2011). This confusion and lack of agreement on the concept reduces the ability to study or implement inclusiveness in a meaningful way.

There are also methodological problems with the current measurements available. In practice, the measurement tools may be unavailable because they are used by industry consultants on a case-by-case basis. In the research literature some of the problems with existing measurement tools are that they have little to no basis on past research or theory, inconsistent reporting of methods used to develop scales, and are lacking reported validity data. Similarly to the measures used in practice, the current measures used in research seem to be developed primarily for each study and specific research questions rather than attempting to develop a measure or test a model. The following section describes some of the current measures of diversity climate and inclusiveness.

**Inclusion-Exclusion Scale.** The Mor Barak Inclusion-Exclusion Scale (Mor Barak, 2011) was designed to assess the extent to which employees feel that they are part of various organizational processes, including decision making and social or informational networks. It is a 15-item scale that measures perceptions of inclusion at various organizational levels, including the overall organization, workgroup, supervisor, higher management, and social or informal level. One of the strengths of this measure is that it was developed based on prior theory and research as a way to assess the potential consequences of being different from the majority at an organization. Another strength is that there is reported evidence of good reliability, as well as both convergent and divergent validity. However, the limitation of this measure is that inclusion is

conceptualized as a one dimensional construct related to access to decision making.

There are no domains that address other potentially important factors of inclusiveness, thus restricting a more comprehensive understanding of the construct.

**Diversity Perceptions Scale.** The Diversity Perceptions scale was designed to measure employee perceptions of organizational diversity climate (Mor Barak et al., 1998). It is a 16-item measure that has two dimensions that are each comprised of two factors. Specifically, the organizational dimension consists of 1) Fairness and 2) Inclusion. The personal dimension consists of 1) Personal value of diversity and 2) Personal comfort with diversity. Like the Inclusion-Exclusion Scale (Mor Barak, 2011), the diversity perception scale was developed with a connection to theory. The method for item development and selection was described and included a review of literature, expert review, and editing after a pilot administration (Mor Barak, 2011). The scale demonstrates good internal reliability and there was evidence to support the four factor model structure (Mor Barak et al., 1998).

There are several limitations with this scale. Although the four factor structure was empirically supported, it may not be appropriate to include an individual's perceptions of his or her own personal comfort with and value of diversity in a measure of organizational perceptions of diversity. Also, the authors do not discuss how social desirability may impact responses to these items as people may want to appear more accepting of diversity in their own self-rating. The scale includes dimensions of fairness and perceptions of how diversity is valued at the organization but lacks other factors, such as an employee's sense of value or belongingness at the organization.

**Workplace Exclusion Scale (WES).** The Workplace Exclusion Scale (WES) is a 10-item measure that asks employees how often they have experienced various exclusionary behaviors from coworkers in the past year (Hitlan et al., 2006). The authors report good internal consistency, however, they only refer to discriminant validity without providing any data (Hitlan et al., 2006). Another weakness is that like the Inclusion-Exclusion Scale (Mor Barak, 2011) the WES looks at a very narrow definition of exclusion. In this case it is even more restricted because the questions are mostly related to exclusion from social networks, such as being excluded from conversations with coworkers. Therefore, the WES is not a comprehensive measure for assessing the overall perception of inclusion at the organizational level and is probably more related to relationships among workers.

**Workplace climate.** The measure of workplace climate used in the Miner-Rubino et al. (2009) study serves as an example of the kind of tools that are developed for a singular research study. This three item measure purports to assess women's perceptions of workplace climate by creating an index from the dimensions of 1) autonomy, 2) experience of sexual harassment, and 3) inclusion. The item related to autonomy asked how often, from 1 (never) to 5 (always), an employee was able to change something that she does not like at work. Both the sexual harassment and inclusion items were in a no/yes format. The inclusion item asked "Do you think you have missed opportunities because of not being informed, or being misinformed, about job openings?" (Miner-Rubino et al., 2009, p. 466), which is somewhat similar to the construct of inclusion to informational networks used by Mor Barak (2011) but also includes the issue of opportunity for advancement and possibly fairness. This kind of



measure may be appropriate when ease of administration is a primary consideration.

However, the weaknesses of this measure include the low number of items, the response format, and that it was designed for a single study with only women.

**Need for a new measure.** This review of some of the available measures of diversity climate and inclusiveness demonstrates the methodological and theoretical problems and overall deficiency of current measures. Only the Inclusion-Exclusion Scale and Diversity Perceptions Scale have a basis in past literature and evidence of empirical development. However, these measures remain limited in the conceptualization of inclusiveness. A review of the measures can be found in Table 1.

Table 1  
*Measures of Diversity Climate and Inclusiveness*

<b>Measure</b>	<b>Author</b>	<b>Construct</b>	<b>Evidence</b>	<b>Weakness</b>
Inclusion-Exclusion Scale	Mor Barak (2011)	Feeling a part of organizational processes	$\alpha = .81$ to $.90$ Convergent validity: organizational satisfaction ( $r = 0.63, p < 0.05$ ) Discriminant validity: work alienation ( $r = -0.32, p < 0.05$ )	Single dimension of inclusiveness
Diversity Perceptions Scale	Mor Barak, Cherin, & Berkman (1998)	Perceptions of organizational policies and procedures that affect minority groups and women	$\alpha = .83$	No validity data
Workplace Exclusion Scale	Hitlan et al. (2006)	How often employees experienced exclusionary behaviors from supervisors or coworkers	$\alpha = .82$	1. No validity data reported 2. Single dimension of exclusion 3. No theory

Workplace Climate	Miner-Rubino, Settles, & Stewart (2009)	Perception of autonomy, sexual harassment, and inclusion	Not reported	<ol style="list-style-type: none"> <li>1. No reliability or validity data</li> <li>2. Based on 3 items</li> <li>3. Population was only women</li> </ol>
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The current project is designed to address the gaps in the literature and develop a measure that can lead to a greater understanding of the construct of inclusiveness. None of the available measures include domains that have been hypothesized to be related to inclusiveness. Using a more comprehensive measure is important at this time because there is no consensus about which factors contribute to inclusiveness. Considering past literature support was found for the utilization of the following domains in the proposed measure: perceptions of diversity climate, fairness and justice, belongingness, value of uniqueness, and experiences of discrimination. In order to contribute to the understanding of the construct of inclusiveness and the corresponding development of an empirically supported measure of inclusiveness these dimensions will be subjected to statistical tests of reliability and validity.

### **Summary**

This chapter reviewed the historical perspective and literature related to the concept of organizational inclusiveness. The value of an inclusive workplace was discussed. The purposed factors related to inclusiveness based on past theory and research included perceptions of diversity climate, fairness and justice, belongingness, value of uniqueness, and experiences of discrimination. The available measures of diversity climate and inclusiveness were reviewed and the limitations were identified.

This review of the current state of the literature supports the need for the development of a comprehensive measure of inclusiveness.

### **Chapter 3: Methodology**

The purpose of the study was to identify factors that are related to employee perceptions of inclusiveness and to determine if those factors are related to job satisfaction and intention to quit. The first goal was to examine whether the hypothesized factors that were used to develop the items of the measure were empirically supported. The second goal was to assess the reliability of the measure of inclusiveness and its potential subscales. The third goal was to use the empirically derived and modified model to determine the relationship of employee perceptions of inclusiveness to employee job satisfaction and potential turnover.

#### **Participants**

The participants in the current study consisted of employees at a large, mid-western transit agency. A nonrandom sample was obtained by asking all employees to participate in the company-wide voluntary survey. The participants were purposely sampled to be representative of the entire organization with a cross section that included different employee level (staff, management, upper management), department (e.g. administration, facilities, operations), and employment type (e.g. salaried, union). A total of 869 employees completed the survey, including the first administration of the online survey (primarily office employees with access to email) and the second administration of the paper-and-pencil survey (primarily operations workers). Demographic information including age, gender, and race/ethnicity was collected.

The overall sample that completed the survey consisted of 869 participants, 20.5% women and 73.8% men, and 5.8% chose not to respond to the question of gender. The sample was 59.1% Caucasian, 14.3% Hispanic or Latino/a, 11.6% African American, 1.8% Asian or Pacific Islander, 1.3% American Indian or Native Alaskan, 5.2% Bi- or Multi-racial, and 6.7% “other” or chose not to respond to the question of race. The average age of the sample was 49 years old with ages ranging from 20 to 85. See Table 2 for participant characteristics for each sample.

Table 2  
*Participant Characteristics for Sample 1 and 2 (Total N = 869)*

<b>Demographic</b>	<b>Sample 1 (N = 270)</b>		<b>Sample 2 (N = 599)</b>	
	<b>Percent</b>	<b>Frequency</b>	<b>Percent</b>	<b>Frequency</b>
<b>Gender</b>				
Women	37.4	101	12.9	77
Men	62.6	169	78.8	472
No response	0	0	8.3	50
<b>Ethnicity</b>				
Caucasian	73.7	199	52.6	315
Hispanic/Latino(a)	9.6	26	16.4	98
African American	6.3	17	14.0	84
Asian/Pacific Islander	2.2	6	1.7	10
American Indian	.7	2	1.5	9
Bi- or Multi-racial	4.4	11	5.7	34
Other or no response	3.3	9	8.2	49
<b>Age</b>				
20-29	3.0	8	9.2	55
30-39	14.4	39	11.9	71
40-49	27.4	74	21.2	127
50-59	39.3	106	31.4	188
60+	14.8	40	18.2	109
No response	1.1	3	8.2	49

## Procedure

A committee of employees at a large, mid-western transit agency approached the National Center of Intermodal Transportation (NCIT) at the University of Denver to

collaborate on the development of a survey to measure and improve workplace climate. The goal of this larger study was to create and administer a survey as the first step in the development of an agency-wide inclusiveness initiative. After the survey was developed and prior to data collection, approval was granted by the Institutional Review Board (IRB) of the University of Denver for conduct of the larger study.

Informed consent was obtained prior to participation. The introduction letter notified participants that by completing the survey they were consenting. An attempt was made to contact all employees to participate in the voluntary survey. The study was introduced by a letter indicating that all responses would only be viewed by the researchers at the University of Denver and that only aggregate data would be provided to the organization. This was meant to ensure confidentiality and encourage honest responses. In addition, a letter of support was provided and attached to each survey signed by the General Manager of the organization and the President of the Union. Some employees received restaurant coupons or lapel pins based on availability (provided by the organization) as part of the incentive to complete the survey.

The first administration of the survey was conducted online through a link to SurveyMonkey provided by email and available between March 6 and 18, 2012. Confidentiality was ensured by storing all data and potentially identifying information (i.e., demographics) through an off-site server that was password protected and only accessible to the researchers. The second administration was conducted between June 26 and July 17, 2012 with a paper-and-pencil survey administered to all operations divisions. Time was set aside for each division to complete the surveys and research assistants from the University of Denver were on hand at those times to administer and collect the

completed surveys in unmarked envelopes. Employees also had the option to turn in the survey at a later time in the same unmarked envelope provided.

**Measures**

**Inclusiveness Inventory.** The Inclusiveness Inventory is a web-based or paper-and-pencil questionnaire that was constructed as part of a larger study in collaboration with the NCIT and a committee of employees at a large, mid-western transit agency to measure the inclusiveness climate at the organization. It consisted of 47 items designed to measure inclusiveness through the conceptual dimensions of diversity climate, fairness, belongingness, uniqueness, and discrimination. These factors are described in Table 3.

Table 3  
*Hypothesized Factors of Inclusiveness*

<b>Factors</b>	<b>Description</b>	<b>Number of Items</b>
Diversity Climate	The overall perception of how the organization views diversity and efforts made to support diversity.	11
Fairness	The perception of how resources are allocated and how decisions are made at the organization.	10
Belongingness	The feeling of connection and attachment to the organization.	7
Uniqueness	The perception of being valued as a unique individual.	8
Discrimination	The experience or perception of harassment, bias, or discriminatory acts at the organization.	11

First, the existing literature on organizational diversity and inclusiveness was reviewed in order to create items for the survey. Experts in the field of organizational diversity and inclusiveness were consulted to review the items and to provide existing

measures of inclusiveness used in other organizational contexts, such as universities. Items from existing surveys were adapted for use with the current measure. For example, language was changed from referring to the university culture to the organizational culture.

A list of potential items was presented and vetted by several members of the committee of employees in order to edit language for clarity, reduce redundancy, and to support the organization's needs. The employees were volunteer members for the Inclusiveness Council from across all departments of the organization. The final survey was reviewed by attorneys at the organization and no changes were made to the items. After the first administration of the survey several items were reworded or eliminated due to redundancy based on comments provided by participants.

Individuals were asked to respond to each item with respect to how much they agreed with each statement as it relates to their recent experiences (last 12 months) at the organization, especially considering the climate of their own division. Respondents to the online version rated their agreement on a six-point rating scale (1= Very Strongly Disagree to 6= Very Strongly Agree). This was adapted for the paper-and-pencil version to a five-point Likert scale in order to include the option of "Neither Agree nor Disagree" (1=Strongly Disagree to 5=Strongly Agree).

**Demographic questionnaire.** A short demographic questionnaire was included. The demographic section asked each participant to indicate their age, gender, ethnicity, educational attainment, tenure at the organization, and the position and level at the organization.



**Job Satisfaction.** This scale, developed for this study, comprised a single item that asked respondents if they feel satisfied with their job at the organization (“I am very satisfied with my job.”). Respondents to the online version rated their agreement on a six-point rating scale (1= Very Strongly Disagree to 6= Very Strongly Agree). This was adapted for the paper-and-pencil version to a five-point Likert scale in order to include the option of “Neither Agree nor Disagree” (1=Strongly Disagree to 5=Strongly Agree). Single-item measures of job satisfaction have demonstrated good reliability and concurrent validity with multiple-item measures and their use has been supported in organizational research literature (Dolbier et al., 2005; Wanous, Reichers, & Hudy, 1997).

**Intention to Quit.** This scale, developed for this study, comprised a single item that asked the respondent if they often think about quitting their job (“I often think about quitting.”). Respondents to the online version rated their agreement on a six-point rating scale (1= Very Strongly Disagree to 6= Very Strongly Agree). This was adapted for the paper-and-pencil version to a five-point Likert scale in order to include the option of “Neither Agree nor Disagree” (1=Strongly Disagree to 5=Strongly Agree). Single item measures of intention to quit have been used in other studies and have demonstrated a relationship to organizational commitment and job satisfaction (Leong, Funham, & Cooper, 1996).

### **Statistical Analysis**

**Exploratory Factor Analysis.** In order to determine the factor structure of the Inclusiveness Inventory, the data from the first administration of the survey was submitted to an exploratory factor analysis (EFA). The conditions of sample size,

outliers, factorability of the correlation matrix, and linearity were tested. The identification of the empirical model in terms of number of factors were based on the assessment of communalities, eigenvalues, the scree plot, and parallel analysis. Principal factor analysis with oblique rotation was used because the intended factors are conceptually correlated and based on a theoretical model. A five-factor model was hypothesized and solutions from a one- to a five-factor model were assessed and the most interpretable model was retained. The researcher determined whether an item should be discarded by assessing the items that did not load on any factor, were loaded on multiple factors, or that did not conceptually fit a logical factor structure. Factors that contained fewer than two items were not retained. The internal consistency reliability of each identified factor-based subscale was estimated.

**Confirmatory Factor Analysis.** Based on the results from the EFA, the data from the second administration of the study were submitted to a confirmatory factor analysis (CFA). The evaluation of the model fit was evaluated using the following fit indices: Chi-square, the root-mean-square error of approximation (RMSEA), the standardized root mean square residual (SRMSR), and the comparative fit index (CFI). A reliability analysis was conducted using Cronbach's alpha as a measure of internal consistency reliability for both the overall measure, as well as for each factor-based subscale.

**Correlation and group differences.** After identifying the factors, the sample from the second administration was analyzed for correlations between scores on the Inclusiveness Inventory and the measures of job satisfaction and intention to quit. It was expected that higher scores on the Inclusiveness Inventory would be related to greater job

satisfaction and lower intention to quit. Mean differences between men and women, as well as between Whites and people who identify as racial or ethnic minorities, on the Inclusiveness Inventory, job satisfaction, and intention to quit were examined by using independent-samples *t* tests. Women and minorities were expected to have lower ratings of inclusiveness, lower levels of job satisfaction, and higher levels of turnover intention compared to men and Whites, respectively.

### **Summary**

This chapter presented the methodology used in this study. Participants were employees of a large, mid-western transit agency that were part of a larger study on workplace climate. Test construction consisted of item development for conceptual dimensions based on literature review, expert review, and editing by members of the organization to improve clarity and support organizational needs. Upon Institutional Review Board approval, study participants were invited by University of Denver research assistants to complete a survey packet that included the Inclusiveness Inventory, job satisfaction, intention to quit, and demographic questionnaire items. The structure of the Inclusiveness Inventory was examined by factor analysis and data was analyzed using correlations and *t* tests.

## Chapter 4: Results

This chapter presents the results of the exploratory and confirmatory factor analyses, followed by the results of the testing of primary hypotheses.

### Recoded Questions

Of the 47 items on the Inclusiveness Inventory, 12 items were reverse coded. These questions are noted with an “R” in all tables. Reverse coding was used for those questions for which high values reflected a negative perception or experience with inclusiveness. For example, in the response to the item “*I feel stereotyped in the workplace,*” a high value (Strongly Agree) would reflect a negative perception of inclusiveness, but the response to the item, “*My cultural differences are respected,*” a high value would indicate a positive perception of inclusiveness. All items were coded so that high values would reflect a positive perception of inclusiveness and low values would reflect a negative experience.

### Exploratory Factor Analysis

**Tests of Assumptions: Sample size, outliers, factorability of the correlation matrix, and linearity.** According to a review of best practices for scale development research, sample sizes of 150 to 200 are generally sufficient for factor analysis if communalities are all above .5 (Worthington & Whittaker, 2006). This is consistent with the recommendation by Tabachnick and Fidell (2014) that smaller sample sizes (100—

200) are acceptable in cases with high communalities. The assumption of sample size was met with 270 cases and the majority of communalities above .6. The data were screened for univariate outliers and none were found. Multivariate outliers were identified using Mahalanobis distance. Cases with Mahalanobis distance scores greater than the critical value of 82.72 ( $df = 47, p < .001$ ) were deleted. In total, 29 cases were removed.

The Kaiser-Meyer-Olkin (KMO) measure of sampling adequacy “indicates the extent to which a correlation matrix actually contains factors or simply chance correlations between a small subset of variables” (Worthington & Whittaker, 2006, p. 818). The KMO statistic approaches 0.0 if partial correlations are small and a value of .60 or higher is required for factor analysis (Tabachnick & Fidell, 2014). The appropriateness of conducting a factor analysis was supported by the KMO value of .96.

Linearity of items was examined through inter-item correlations and visual inspection of scatterplots. All correlations that were significant were considered to have a linear relationship. Only two items indicated any potential issue with a non-linear relationship (Fairness 3 and Discrimination 6) based on poor correlations, but were not removed prior to analysis. An examination of scatterplots suggested that there was no violation of linearity.

**Principal Factor Analysis.** A principal factor analysis with an oblique rotation was performed on 47 items for the sample of 241 cases. Determining the number of factors to retain was based on the combined assessment of (1) eigenvalues, (2) scree plot, and (3) parallel analysis. The unrestricted analysis produced six factors with eigenvalues greater than 1.00 with a total variance explained of 71.31%, however these general

criteria may overestimate the number of factors to retain. A visual examination of the scree plot indicated three factors.

Parallel analysis is another method used to help determine how many factors to retain. Using the syntax for SPSS created by O'Connor (2000), the first step is to generate random data sets with the same sample size and number of variables. The eigenvalues for the random data are calculated and compared to the eigenvalues from the original data set. A factor is retained if the original eigenvalue is greater than that from the random data (Tabachnick & Fidell, 2014; Worthington & Whittaker, 2006). Based on the parallel analysis, there were four factors with raw data eigenvalues that were greater than the eigenvalues from the random data, indicating a solution of up to four factors would be tenable.

Based on these initial tests, four- and three-factor solutions were examined. The three-factor model was determined to have the most interpretable solution based on item loading with a total variance explained of 63.21%. This model was used to determine factor interpretation and item retention.

The next step was to determine item retention. First, an examination of the communalities showed that three items had values less than .4 after extraction and they were eliminated:

- Fairness 3: I have been treated fairly by my supervisor.
- Fairness 6: Certain people are treated more favorably than others at this organization. (R)
- Belongingness 1: Management and supervisors are protective of and generous to loyal workers.

Next the rotated pattern matrix was examined. Tabachnick and Fidell (2014) recommend that only items with factor loadings higher than .32 should be interpreted. There were no items that did not load on a factor at less than .32, six items that cross-loaded ( $>.32$ ) on two factors, and no items that loaded on more than two factors. Worthington and Whittaker (2006) recommend caution when eliminating items that load on more than one factor, especially in the preliminary stages of scale development. Using this guideline, four items were deleted because there was a difference of less than .15 from the items' highest loaded factor to the next highest loading:

- Fairness 1: This organization supports the professional development of all employees.
- Belongingness 6: Employees are taken care of like members of a family.
- Diversity Climate 1: The organization promotes a climate of respect among its members.
- Diversity Climate 6: This organization is committed to creating a work environment that values inclusiveness.

One item was deleted because its' factor loading was not conceptually consistent with the rest of the subscale:

- Discrimination 6: I have witnessed a threat against another employee in the workplace.

A total of 8 items were removed.

The three factors with the 39 remaining items, original factor loadings, communalities, means and standard deviations are presented in Table 4.

Table 4

*Retained items, original factor loadings, communality estimates, means, and standard deviations for the three-factor model*

<b>Item</b>	<b>Hypothesized Factor</b>	<b>Factor Loading</b>	<b>h<sup>2</sup></b>	<b>M</b>	<b>SD</b>
<b>Factor 1: Fairness, Uniqueness, and Belongingness (19 items)</b>					
I feel there are no barriers to my being promoted within the organization.	Fairness2	.85	.55	3.66	1.25
I have been treated fairly by my fellow employees.	Fairness4	.77	.52	4.45	1.20
I am supported and encouraged to pursue activities related to career advancement.	Fairness5	.59	.58	4.27	1.07
Employees are treated fairly in my work unit.	Fairness7	.69	.68	4.14	1.01
I have been treated fairly by management at this organization.	Fairness8	.86	.78	4.13	1.11
I feel that I have the same opportunities and chances as any other employee.	Fairness9	.89	.72	3.88	1.22
I feel I have equal access to information needed to move up the career ladder.	Fairness10	.60	.62	4.01	1.00
I feel like part of the organizational family.	Belong2	.83	.75	4.11	1.23
I feel like I have a friend I can talk to at work.	Belong3	.50	.41	4.20	1.04
Once someone is hired, the organization takes care of that person's overall welfare.	Belong4	.56	.67	3.85	1.06
I feel a sense of belonging at this organization.	Belong5	.71	.76	4.16	1.09
This organization has a great deal of personal meaning for me.	Belong7	.50	.42	4.15	.98
I am comfortable expressing my ideas at work.	Unique2	.63	.78	4.19	1.14
At work I feel accepted for who I am.	Unique3	.72	.78	4.29	1.03
I feel like this organization values me as a person.	Unique4	.87	.80	4.04	1.07
I feel understood by others in the workplace.	Unique5	.58	.61	4.01	.84



People are interested in getting to know me as a person.	Unique6	.48	.51	3.89	.86
I feel stereotyped in the workplace. (R)	Unique7	.33	.44	4.02	1.09
I feel comfortable reporting to my supervisor an act of discrimination towards a member of my unit.	Discrim1	.71	.58	4.26	1.21
<b>Item</b>	<b>Hypothesized Factor</b>	<b>Factor Loading</b>	<b>h<sup>2</sup></b>	<b>M</b>	<b>SD</b>
<b>Factor 2: Diversity Climate (11 items)</b>					
The organization is welcoming to all members of diverse groups.	DivClim2	.55	.70	4.52	1.17
This organization actively recruits a diverse workforce.	DivClim3	.82	.72	4.31	1.09
There are opportunities for me to provide feedback on how inclusiveness and diversity are handled.	DivClim4	.46	.51	3.60	1.02
This organization is committed to increasing diversity in the workplace.	DivClim5	.68	.73	4.33	1.08
This organization reflects my vision of a diverse workplace.	DivClim7	.84	.79	4.13	1.02
This organization is able to retain a diverse workforce.	DivClim8	.87	.79	4.21	.97
My department reviews recruitment and retention data to ensure a diverse workforce.	DivClim9	.78	.52	3.68	.90
My department provides adequate support for employees from underrepresented communities to ensure a diverse workforce.	DivClim10	.76	.53	3.84	.91
I feel that this organization is welcoming to members of all groups.	DivClim11	.75	.81	4.29	.95
I feel comfortable requesting accommodations for my personal needs. (i.e. physical, medical, religious, family,...)	Unique1	.35	.48	4.23	1.03
My cultural differences are respected.	Unique8	.60	.63	4.12	.79

Item	Hypothesized Factor	Factor Loading	$h^2$	M	SD
<b>Factor 3: Discrimination (9 items)</b>					
I have been the target of offensive drawings or pictures. (R)	Discrim2	.68	.59	5.13	.96
I have received offensive emails from other employees. (R)	Discrim3	.65	.46	4.80	1.14
I have been the target of offensive language. (R)	Discrim4	.68	.60	4.62	1.14
I have received inappropriate and/or unwelcomed physical contact. (R)	Discrim5	.81	.65	5.14	1.01
I have witnessed an act of discrimination by one employee toward another. (R)	Discrim7	.49	.45	3.71	1.13
I have witnessed an act of discrimination in the workplace. (R)	Discrim8	.53	.57	4.31	1.39
I have been physically assaulted or injured by a coworker. (R)	Discrim9	.83	.68	5.27	.94
I have been physically threatened by other employees. (R)	Discrim10	.96	.77	5.12	1.00
I have received threats of physical violence from a co-worker. (R)	Discrim11	.94	.71	5.15	.96

*Note.*  $h^2$  = Estimated communality; M = Mean; SD = Standard Deviation.

Factor 1 was named “Fairness, Belongingness, and Uniqueness” because it primarily contained items that were originally generated for those three themes. Factor 2 was named “Diversity Climate” because it contained a majority of items that were generated to measure the overall perception of the organizational climate. Factor 3 was named “Discrimination” because it contained items that were all related to an employee’s perception of harassment, bias, or discrimination.

The correlations among the three subscales were all moderate to high. Each subscale and the full scale demonstrated strong reliability with all Cronbach’s alphas ranging from .92 to .97, as seen in Table 5.

Table 5  
*EFA Factor Correlations and Reliability*

<b>Factor</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>Alpha</b>
<b>1</b>	1.00	.82	.60	.97
<b>2</b>		1.00	.56	.95
<b>3</b>			1.00	.92
<b>Full Scale</b>				.97

This suggests good internal consistency on the subscales and the full measure. A confirmatory factor analysis with three factors was then conducted with the second data set.

### **Confirmatory Factor Analysis**

**Data Screening, Missing Data, and Item Editing.** The data from the second administration came from a paper and pencil administration. Item responses that were unclear (i.e., more than one response chosen per item) were counted as missing. Respondents that had more than five missing items were removed from analysis, resulting in a total of 589 usable surveys.

Based on feedback after the first administration and due to low response rate, the three items assessing physical assault or threat of physical assault were reworded into one item, *“I have been physically threatened, assaulted, or injured by a coworker,”* resulting in seven items on the Discrimination factor.

**Model Identification and Fit.** Based on the results from the EFA, a confirmatory factor analysis (CFA) was conducted on the remaining 37 items in a three-factor structure using maximum likelihood estimation. All analyses were conducted using MPLUS 7.11 software. All three factors were expected to covary significantly with each other, which was confirmed.

Determining model fit is based on examination of multiple indicators. The following fit indices were used to assess goodness of fit: chi-square ( $\chi^2$ ), root mean square error of approximation (RMSEA), standardized root mean square residual (SRMR), and comparative fit index (CFI). The  $\chi^2$  was significant, indicating poor model fit, however this statistic is known to be sensitive to sample size (Worthington & Whittaker, 2006). For the RMSEA statistic, a value close to 0.0 indicates a well-fitting model and a value greater than .10 indicates a poor fit (Tabachnick & Fidell, 2014). The RMSEA for the three-factor model was .077 (90% CI [.074, .080]), indicating an adequate model fit (Tabachnick & Fidell, 2014). The SRMR statistic can range from 0.0 to 1.0, with smaller numbers indicating better fit and a value below .10 is considered an acceptable model fit (Tabachnick & Fidell, 2014; Worthington & Whittaker, 2006). The SRMR for this model was .063, which indicates a good model fit. The CFI was .816, which indicates a poor fit because it was below the cutoff of .90 or greater that would indicate a good fit (Hu & Bentler, 1999). Taken together, the model fit indices (summarized in Table 6) suggest a poor to adequate model fit. For comparison, a single factor CFA was conducted and resulted in poorer indices of model fit.

Table 6  
*Summary of Model Fit Indices*

<b>Fit Statistic</b>	<b>Model Value</b>	<b>Range for Good Fit</b>	<b>Model Fit</b>
Chi-Square	Significant	Non-Significant <i>p</i> value	Poor
RMSEA	.077, 90% CI [.074, .080]	0 to .06 (Good) Less than .08 (Adequate)	Adequate
SRMR	.063	Less than .10	Good
CFI	.816	Greater than .90	Poor

*Note.* RMSEA = Root mean square error of approximation; SRMR = Standardized root mean square residual; CFI = Comparative fit index.

The correlations between the subscales suggest that there is adequate discriminant validity between the factors because they are not higher than or equal to .85 (Brown, 2015) and each of the factors and the overall scale demonstrated very good reliability with Cronbach's alphas ranging from .83 to .94 (see Table 7).

### Correlations and Group Differences

**Correlations.** It was hypothesized that ratings of inclusiveness would be related to job satisfaction and turnover intention such that employees who had higher ratings of inclusiveness would have greater job satisfaction and lower intention to quit. This hypothesis was supported because all correlations were significantly related to the outcomes in the expected direction, as seen in Table 7.

Table 7  
*CFA Scale Correlations and Reliability*

Variable	Factor 1	Factor 2	Factor 3	Full Scale	Intent to Quit	Job Satisfaction	Alpha
Factor 1	1.00	.80	.55	.96	-.58	.61	.94
Factor 2		1.00	.49	.89	-.43	.50	.88
Factor 3			1.00	.70	-.42	.27	.83
Full Scale				1.00	-.57	.57	.88
Intent to Quit					1.00	-.51	--
Job Satisfaction						1.00	--

*Note.* Factor 1 = Fairness, Belongingness, and Uniqueness; Factor 2 = Diversity Climate; Factor 3 = Discrimination.

\*All correlations are significant at the  $p < 0.01$  level (2-tailed).

**Group Differences.** It was hypothesized that women and racial minorities would have lower mean scores on the Inclusiveness Inventory and job satisfaction, and higher mean scores on intention to quit as compared to men and Whites, respectively. These hypotheses were partially supported. An independent samples t-test was conducted to compare ratings of inclusiveness for women and men. Women had significantly lower

scores for the Fairness, Belongingness, and Uniqueness factor ( $M = 3.12$ ,  $SD = .84$ ) compared to men ( $M = 3.39$ ,  $SD = .70$ );  $t(92.5) = 2.57$ ,  $p = .012$ ;  $d = .34$  (Hedges'  $g = .36$ ). Women also had significantly lower total scores ( $M = 3.32$ ,  $SD = .71$ ) compared to men ( $M = 3.52$ ,  $SD = .59$ );  $t(88.75) = 2.29$ ,  $p = .024$ ;  $d = .31$  (Hedges'  $g = .33$ ). The effect sizes for these analyses were found to exceed Cohen's (1988) description of a small effect (.20), but were below the threshold for what would be considered a moderate effect (.50). There were no significant differences between women and men on scores for Diversity Climate, Discrimination, job satisfaction, or intention to quit.

An independent samples t-test indicated that people who identified as racial minorities had significantly lower ratings on the Discrimination factor ( $M = 3.74$ ,  $SD = .74$ ) compared to Whites ( $M = 3.93$ ,  $SD = .74$ );  $t(569) = -3.09$ ,  $p = .002$ ;  $d = .26$ . This scale was reverse coded so that lower scores indicated more experiences with discrimination and the effect size was small (Cohen, 1988). There were no significant differences between racial minorities and Whites on any other factor, total score, job satisfaction, or intention to quit.

## **Summary**

This chapter provided the detailed results of the statistical analyses for the current study. The considerations prior to data analysis were addressed. The structure of the Inclusiveness Inventory was explored and confirmed with factor analysis. Hypothesis one was supported and Hypothesis two and three were partially supported. The following chapter discusses the meaning of the results, theoretical implications, limitation of the current study, and future directions.

## **Chapter 5: Discussion**

### **Statement of Problem and Goals of Study**

Despite widespread acknowledgement of the importance of diversity and inclusiveness for organizations there is a significant lack of agreement in the literature and practice about how to best enact these ideals. Part of the reason for this discrepancy may be due to the absence of a conceptual model for understanding the components of inclusiveness. Developing a comprehensive model may be especially needed in fields that have difficulty recruiting and retaining non-traditional and underrepresented workers, such as women and racial or ethnic minorities. Much of the research has supported the importance of measuring perceptions of organizational climate beyond the objective, so-called “head count,” measures of diversity (Avery & McKay, 2006). In addition, findings from past studies suggest that the research and evaluation of the climate in and of itself is a critical component for the success of initiatives designed to increase inclusiveness (Bilimoria et al., 2008). In addition, there are many practical and methodological problems with the existing measures of inclusiveness and diversity climate that lend support to the need for a new measure.

The purpose of this study was to design a measure of inclusiveness that was based on the integration of prior research and theory. The goal was to explore the factor structure of the measure and then test the relationship of employee perceptions to the

outcomes of job satisfaction and intention to quit. Finally, this study tested potential differences in the relationship between perceptions of inclusiveness, diversity climate, and work-related outcomes for underrepresented employees compared to employees who identified as male or White.

## **Review of Results**

**Methodology.** The measure of inclusiveness was developed as part of larger study of workplace climate for a public transportation agency. Items for the Inclusiveness Inventory were generated with conceptual factors in mind and in collaboration with the organization, as well as with input from experts in the field of organizational diversity and inclusiveness. All employees in the organization were asked to participate in the voluntary survey. The first administration was conducted on-line with employees who had access to email. The second administration was conducted with a paper-and-pencil survey with operational workers in the field.

**Factor analysis.** The exploratory factor analysis on the data from the first administration identified a three-factor structure for the Inclusiveness Inventory. There were no items that did not load on a factor and the majority of items were retained. It was notable that items tended to be grouped according to the hypothesized structure, suggesting that they were measuring the intended construct. Factor one contained items that were intended to measure the constructs related to perceptions of fairness, belongingness, and uniqueness; factor two contained items related to diversity climate; factor three contained items related to perceptions of discrimination. The overall measure demonstrated good reliability and there were strong correlations between the subscales.



Based on the results of the exploratory factor analysis a confirmatory factor analysis was conducted on the data from the second administration. Overall, the indicators of model fit suggested a poor to adequate fit. A review of residuals showed that there were no individual items that were contributing to the lack of model fit. The correlations between the factors indicated that they were related but maintained good discriminant validity. In addition, a single factor model resulted in poorer model fit compared to the three-factor model. Ultimately, there were no indicators that suggested a clear solution to improve model fit. The measure of reliability and subscale correlations were good and it was determined to retain the model for the tests of the hypotheses.

**Hypotheses.** All hypotheses were supported or partially supported. The first hypothesis was fully supported. The ratings of inclusiveness were related to job satisfaction and turnover intention such that employees who had higher ratings of inclusiveness endorsed greater job satisfaction and lower intention to quit. This finding is consistent with much of the literature that connects perceptions of organizational climate with meaningful outcomes (Carr et al., 2003; Ensher et al., 2001; Mor Barak & Levin, 2002; Parker et al., 2003; Settles et al., 2007; Wessel & Ryan, 2012) and it lends further support to the importance of measuring employee perceptions (Avery & McKay, 2006; Bilimoria et al., 2008). The extent to which an organization can effectively demonstrate positive inclusiveness practices to all employees, however, remains to be seen.

In order to explore the issue of how employee perceptions may vary, it was additionally hypothesized that women and people who identify as racial or ethnic minorities would have lower ratings of inclusiveness and job satisfaction, and higher levels of intention to quit as compared to men and Whites, respectively. These

hypotheses were partially supported. Women reported lower overall scores on the Inclusiveness Inventory, and specifically on the Fairness, Belongingness, and Uniqueness factor. People who identified as racial or ethnic minorities reported higher levels of perceived discrimination. There were no other significant differences found between the scores of women and men, or between racial and ethnic minorities and Whites. These results are consistent with the mixed findings in the literature, with some studies showing differences between groups (Mor Barak & Levin, 2002; Settles et al., 2007), while others do not (Ensher et al., 2001; Wessel & Ryan, 2012).

Despite the mixed results, this study supports past research that people from traditionally underrepresented social groups endorse more negative perceptions of their work climate, at least to some degree. Because the measure has not been thoroughly validated at this point, it would not be recommended to make specific conclusions in regard to the factors that did and did not show differences. However, there are some interesting patterns to consider as they relate to prior research. For example, the women in this study tended to endorse items related to more subtle forms of exclusion, such as perceiving less fairness in the organization, rather than overt forms of discrimination. This finding could be understood in the context of women who work in traditionally male-dominated industries, such as transportation.

It may be that women in nontraditional jobs have lower perceptions of harassment, a form of discrimination, compared to women who work in more gender-balanced occupations. In one study, after watching a video depicting sexual harassment in the workplace, women who worked in traditionally male-dominated jobs had the lowest ratings of perceived harassment compared to women who worked in either neutral or

women's traditional jobs (Maeder, Wiener, & Winter, 2007). The opposite pattern was true for men, where men who worked in traditionally male occupations perceived the most harassment. The authors suggest that women in male-dominated jobs are more likely to encounter sexual harassment and therefore, "women in men's traditional jobs become tougher and less likely to sympathize with other women who claim to be victims of harassment" (Maeder et al., 2007, p. 804). Importantly, these results were based on the recognition of harassment to others, rather than to a woman's perception of her own experiences. However, there may be overlap. Anecdotal data suggests that there are beliefs among some women in the transportation industry that the job requires a "tough skin" because discrimination or sexual harassment comes with the job (Sherry, Bondanza, Hedman, & Pinarowicz, 2011). Perhaps there is also an element of "self selection" for women who choose and remain in male-dominated work environments. It may be that women who are more attentive to discrimination or general lack of inclusion either do not choose these jobs or stay for less time.

Unlike the women in this study, the participants who identified as racial or ethnic minorities endorsed experiencing more discrimination but did not have different ratings compared to Whites on other factors. This finding supports the research showing that non-White employees tend to experience higher levels of discrimination (Avery & McKay, 2006; Gruber & Bjorn, 1982; Mor Barak et al., 1998; Mor Barak & Levin, 2002; Triana & Garcia, 2009). Organizations should be concerned about these disparities. Simply having a policy and measuring objective data, such as reported incidents, is not sufficient for protecting employees or understanding problems within the organization. There are many potential reasons for an incongruence between what an organization

aspires to, what they believe to be true, and the actual experience of employees.

Therefore measuring perceptions is crucial.

The lack of significant differences on other factors could be the result of the unfortunate need to collapse many racial/ethnic groups into one heterogeneous group, thereby eliminating the possibility of understanding distinct experiences. It may be the case that members of certain groups feel a high degree of belongingness because they are well represented within the organization. For example, people who identified as Hispanic/Latino(a) comprised over 16% of the study participants, while people who identified as Asian/Pacific Islander represented less than 2% of the participants, which was only 10 individuals. Clearly it is problematic to collapse across groups, but it was statistically necessary for this study.

On the other hand, other studies have also failed to find a significant difference between groups. This suggests that perceptions of inclusiveness may not necessarily vary based on social identity. In addition, the current findings were similar to a study (Wessel & Ryan, 2012) that showed that perceptions of organizational climate were generally positive across groups, even when differences between those groups were found (all groups had mean scores above average). At this point, there is no consensus about how social identity impacts perceptions, but it is widely agreed that perceptions of climate are important.

Despite substantial research supporting the need to measure perceptions of organizational climate, the reality of doing so in practice is less consistent than would be recommended. Notably, there are significant barriers to conducting large-scale surveys for organizations. One study highlighted the challenges, as the researchers found only 4

of 20 companies willing to participate, with lack of resources, legal counsel against it, and a general perception that data collection was unnecessary as reasons that organizations declined (Kochan et al., 2003). The organization that participated in this study had explicit goals and initiatives to improve climate and increase diversity in the workforce. Conducting this survey was seen as an important part of their overall strategy. A great deal of time and company resources were used to make this study possible, including multiple meetings with employees from the Inclusiveness Council, making accommodations for employees to take the survey during paid work hours, and providing a company-wide report. Clearly a great deal of interest and dedication were required. Therefore, given the resources needed, survey fatigue, cynicism about the implementation of change based on the results, and the lack of well-formulated measures, it should be no surprise that even though research supports the use of climate surveys, organizations continue to be hesitant.

**Interpretation of results.** One of the primary purposes of this study was to test a model of inclusiveness based on prior research and theory. The proposed model included the factors of perceptions of fairness, belongingness, value of uniqueness, diversity climate, and discrimination. The factor analysis suggested that perceptions of fairness, belongingness, and value of uniqueness comprised a single factor, which was the strongest factor, followed by a factor related to diversity climate, and a third factor for experiences of discrimination. The overall number of factors were reduced from the original hypothesis, however the findings from this study support the multi-factor model suggested by Shore et al. (2011).

It should be noted that despite the promising findings with the EFA, the model had only an adequate to poor fit with the CFA. There are possible conceptual reasons for the lack of fit. It may be that other important factors were not included. For example, climate strength has been suggested as an important consideration (Ely & Thomas, 2001). Climate strength has been defined as, “a group- or organizational-level variable that represents the degree of consensus in climate perceptions” (Carr et al., 2003, p. 614). One study considered how perceptions of climate can vary based on position within the organization (manager or subordinate) and how consistency of those perceptions across levels impacted outcomes, specifically sales growth (McKay et al., 2009). The findings demonstrated that climate perceptions can vary depending on one’s level within the organization, but agreement or consistency across levels leads to even more impact on organizational outcomes. Specifically, teams where both managers and subordinates reported positive perceptions of diversity climate had the highest levels of sales growth, while teams that reported consistently negative perceptions had the lowest levels of growth. Inconsistent teams where either the managers or subordinates reported negative diversity climate also had sales growth numbers that fell below the mean, indicating an overall negative impact of poor climate perceptions, regardless of consistency. While these findings connect climate strength perceptions to larger organizational-level outcomes, it may be the case that the consistency of employee perceptions also impacts individual-level outcomes and would therefore be an important factor to consider.

On the other hand, it may be that there were too many factors in the current model and a simpler model would be better. Some researchers have conceptualized inclusiveness more restrictively. For example, Mor Barak and fellow researchers used a

measure of inclusiveness that was designed to assess an employee's perceptions of their access to decision-making within the organization (Brimhall, Lizano, & Mor Barak, 2014; Mor Barak et al., 1998; Mor Barak & Levin, 2002; Mor Barak, 2011). It is notable that these studies also included separate measures of diversity climate and perceptions of fairness and justice. All of these measures were found to have a relationship to employee satisfaction and retention in both cross-sectional (Mor Barak et al., 1998; Mor Barak & Levin, 2002) and longitudinal (Brimhall et al., 2014) studies. Therefore, it seems that there is sufficient support for further exploration of the multi-factor conceptualization of inclusiveness.

One of the major criticisms of the movement toward understanding and implementing organizational inclusiveness is that it represents simply a "renaming" of existing policies related to managing the workforce (Roberson, 2006). It is true that inclusiveness shares significant overlap with diversity management, especially related to valuing diversity. Some have even suggested that inclusiveness has been a reaction to the complaints from those who are traditionally in positions of power (i.e. White men) who feel excluded or devalued from "diversity practices" (Oswick & Noon, 2014; Yakura, 1996). However, these assessments of inclusiveness do not have to be interpreted cynically. Rather, they can be seen as part of the evolution toward greater understanding of the complex ways that our social identities impact our work lives.

In addition, the movement toward a focus on inclusiveness does not need to be at the exclusion of other diversity policies. It seems to be a pattern in human resource management, as in other fields, that "new" concepts are built up in relation to the disparagement of "old" models (Oswick & Noon, 2014). For example, diversity

management was touted as an improvement to Affirmative Action, even in the face of evidence that Affirmative Action had a positive impact on reducing disparities (Heilman, 1996; Murrell & Jones, 1996). As Oswick and Noon (2014) suggest, “rather than seeing the rationales for equality, diversity and inclusion as mutually exclusive, it could be more constructive to focus upon the points of commonality, overlap and compatibility” (p. 36). Therefore, it is important to recognize that a multifactor model of inclusiveness does not have to be a replacement for existing practices. Instead, the move toward understanding and promoting inclusiveness can serve to build upon initiatives that already work.

This study provides further evidence that organizational climate impacts all employees, regardless of identity. Within this organization there was a generally positive view of inclusiveness and limited differences between groups. One possible explanation is that there may be a general level of inclusiveness that has less differential impact across groups. For example, generally positive environments are better for everyone, while negative environments are bad for everyone, but more so for women and minorities. Findings from the study by Gilbert and Ivancevich (2001) support the idea that all employees are more satisfied at organizations that make exerted efforts to positively support diversity, while women and minorities are significantly less satisfied at organizations that merely try to avoid legal action (i.e. only meet minimum requirements).

Despite decades of research, a recent review of the literature suggested that both researchers and practitioners continue to try to make a “business case” for diversity and struggle to find the best ways to manage diverse groups effectively (Nkomo & Hoobler, 2014). It is clear that practical and conceptual challenges remain for the implementation



of inclusiveness. However, the consequences of inaction are too significant to let those barriers impede improvements.

### **Limitations**

There are several limitations to the current study that may have impacted the results. The first is that there were differences between the administration method and population for the EFA and CFA. The measure used in the EFA was administered online without the option of skipping items and the CFA was administered with a pen-and-paper document which led to more missing or unusable data. There was also a change in the scaling of the items from a 6-point scale for the EFA to a 5-point scale for the CFA, as well as changes to the wording of several items. When conducting an EFA and subsequent CFA it is recommended to keep the measure as similar as possible for initial measure development (Brown, 2015).

In addition, although both samples were drawn from the same organization, the populations were notably different. The EFA sample included primarily office workers who had access to computers, while the CFA sample consisted of operators, mechanics, and other employees who worked in decentralized locations without access to computers. Gathering data from the entire organization was beneficial for generalizability, but it may be the case that these two populations are fundamentally different and therefore the factors derived from one group may not serve as a good fit for the other group. However, the hope is that the model of inclusiveness would transcend the type of organization and employees, so it is important to validate the measure with different employees. Some of the challenges with the CFA may reflect that it was done too early in the process of developing the measure (Brown, 2015). For future studies it would be recommended to

consider conducting another EFA or a CFA using the original measure from the first administration.

A second limitation is related to the potential problems with method effects and the exclusive use of self-report measures. Podsakoff and fellow authors (P. Podsakoff, MacKenzie, Lee, & N. Podsakoff, 2003) have discussed the impact of a wide range of method effects, including the format of the measure itself, as well as the problems with using a single self-rater. For example, the use of the same scale format to measure the construct and the outcome (i.e. Likert-type scale items) can produce covariation that is based on the similarity of the items, rather than reflecting the true relationship between the constructs. (Podsakoff et al., 2003). Some researchers have tried to limit method bias through the use of reverse coded items, but this can also lead to errors in measurement. With measures that are designed to assess people's attitudes and perceptions about sensitive topics, such as diversity, it is also important to recognize that there may be a tendency to respond in a way that is socially desirable, rather than reflecting actual feelings (Podsakoff et al., 2003).

Another factor to consider is that the data was collected at one point in time and is correlational in nature. Therefore, the causal influence of perceptions of inclusiveness on job satisfaction or intention to quit cannot be inferred based on results of this study. It may be that people who are unhappy with their job are more likely to notice negative climate issues or that people who want to stay in their job are more likely to see the climate in a positive light. Common method bias is complicated because it can result in either the overestimation or underestimation of the relationship between constructs (Podsakoff et al., 2003). Therefore, the relationship between perceptions of inclusiveness

and outcomes could be further validated by using other sources of information, such as actual recruitment and retention numbers, rates of absenteeism, qualitative studies, or longitudinal data.

There are also several limitations in regard to the group comparisons. First, there were very unequal sample sizes for comparing men and women. This problem is inherent to studying differences within imbalanced work environments and there may be methodological considerations for future research, such as using a random sample of surveys from men or limiting the number of surveys collected from men. It is also problematic to lump the heterogeneous groups of racial and ethnic minorities into a single group. This is a perennial problem that has been noted in the literature (Delgado-Romero et al., 2005) and this study is yet another example. Unfortunately, the relatively small sample sizes for various groups made it statistically limiting to conduct more nuanced comparisons. It may be necessary to do more targeted sampling in order to include a greater number of people from underrepresented groups. For example, one study collaborated with an organization that intentionally hires people with disabilities and has a large number of refugees (Groggins & Ryan, 2013). Despite the limitations of the current study, the findings do lend support to the theory that all members of an organization may be impacted by climate issues, regardless of identity (Wessel & Ryan, 2012).

### **Future Directions**

This study builds on past theory and offers direction for future research. One of the first steps for future studies would be to establish further validation of the measure of inclusiveness by comparing it with existing measures of diversity and inclusiveness.

Worthington and Whittaker (2006) suggest that establishing convergent and divergent validity should occur later in the process of scale development, so it would not have been recommended to do so at this early stage.

Another possibility would be to consider additional factors. There are mixed findings about how social identity is related to perceptions of climate and employee outcomes. Therefore, it may be important to understand how someone's perception of the importance of inclusiveness, rather than just their social identity, impacts the relationship to outcomes. It is likely that people who regard inclusiveness as important will have more awareness of both overt and subtle indicators, and that this would have greater impact on their satisfaction and decisions about employment. Another consideration is how tenure impacts perceptions. It may be that people who have worked somewhere longer have developed coping strategies or have a higher status that protects them from a negative or non-inclusive climate (Sliter, Boyd, Sinclair, Cheung, & McFadden, 2014). In addition, it may be the case that people who perceive a less inclusive climate self-select out of the organization and do not stay as long. On the other hand, people who have been at an organization longer may have had more exposure to discrimination and/or have greater awareness of informal practices that differ from formal policy.

One of the hopes of developing a measure of inclusiveness is that it could be used to look at the effectiveness of diversity policies over time. Although organizations may enact changes, there is often little understanding of how these policies are perceived by employees or if there are any significant changes in perceptions of climate. If an organization intends to improve the climate of inclusiveness, it would be vital to seek input from employees and measure perceptions.

Despite the importance, there is considerable risk for fatigue related to diversity and inclusiveness initiatives. There may be a desire to believe that we are past these problems. However it is clear that we are still trying to figure out how to best include a wide range of people, and to work together effectively (Nkomo & Hoobler, 2014). Organizations that aspire to value diversity and inclusiveness would benefit from having a way to track progress and to measure to impact of their intentions. It is critical for researchers to continue working with organizations and their employees to develop meaningful ways to measure, understand, and demonstrate the importance of inclusiveness.

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## Appendix A – Inclusiveness Inventory Items

### Diversity Climate (11 items)

1. The organization promotes a climate of respect among its members.
2. This organization is welcoming to all members of diverse groups.
3. This organization actively recruits a diverse workforce.
4. There are opportunities for me to provide feedback on how inclusiveness and diversity are handled.
5. This organization is committed to increasing diversity in the workplace.
6. This organization is committed to creating a work environment that values inclusiveness.
7. This organization reflects my vision of a diverse workplace.
8. This organization is able to retain a diverse workforce.
9. My department reviews recruitment and retention data to ensure a diverse workforce.
10. My department provides adequate support for employees from underrepresented communities to ensure a diverse workforce.
11. I feel that this organization is welcoming to members of all groups.

### Fairness (10 items)

1. This organization supports the professional development of all employees.
2. I feel there are no barriers to my being promoted within the organization
3. I have been treated fairly by my supervisor.
4. I have been treated fairly by my fellow employees.
5. I am supported and encouraged to pursue activities related to career advancement.
6. Certain people are treated more favorably than others at this organization. (R)
7. Employees are treated fairly in my work unit.
8. I have been treated fairly by management at this organization.
9. I feel that I have the same opportunities and chances as any other employee.
10. I feel I have equal access to information needed to move up the career ladder.

### Belongingness (7 items)

1. Management and supervisors are protective of and generous to loyal workers.
2. I feel like part of the organizational family.
3. I feel like I have a friend I can talk to at work.
4. Once someone is hired, the organization takes care of that person's overall welfare.
5. I feel a sense of belonging at this organization.
6. Employees are taken care of like members of a family.
7. This organization has a great deal of personal meaning for me.



### Uniqueness (8 items)

1. I feel comfortable requesting accommodations for my personal needs. (i.e. physical, medical, religious, family, ...).
2. I am comfortable expressing my ideas at work.
3. At work I feel accepted for who I am.
4. I feel like this organization values me as a person.
5. I feel understood by others in the workplace.
6. People are interested in getting to know me as a person.
7. I feel stereotyped in the workplace. (R)
8. My cultural differences are respected.

### Discrimination (11 items)

1. I feel comfortable reporting to my supervisor an act of discrimination towards a member of my unit.
2. I have been the target of offensive drawings or pictures. (R)
3. I have received offensive emails from other employees. (R)
4. I have been the target of offensive language. (R)
5. I have received inappropriate and/or unwelcomed physical contact. (R)
6. I have witnessed a threat against another employee in the workplace. (R)
7. I have witnessed an act of discrimination by one employee toward another. (R)
8. I have witnessed an act of discrimination in the workplace. (R)
9. I have been physically assaulted or injured by a coworker. (R)
10. I have been physically threatened by other employees. (R)
11. I have received threats of physical violence from a co-worker. (R)

## Appendix B – Demographic Questionnaire

### Demographics Section:

- Your answers to the questions in the survey above will not be as useful if the demographic information requested in the next section is not provided. Please provide the additional demographic information requested below.
- Your specific responses will not be reported. The only data reported will be aggregate statistics such as percentages, means, medians and standard deviations.
- Any verbatim comments will be edited substantially and summarized with other similar comments.

### General Demographics

- a) Age: \_\_\_\_\_
- b) Time with organization (in years): \_\_\_\_\_
- c) Gender: \_\_\_\_\_
- d) Which of the following categories best describes your race or ethnicity?
  - Caucasian
  - Bi-racial
  - Multi-racial
  - African-American
  - Asian or Pacific Islander
  - American Indian or Native Alaskan
  - Hispanic, Latino/a
  - Other: \_\_\_\_\_
- e) Primary Language(s)? \_\_\_\_\_
- f) Were you born in the U.S.?    Yes                      No
- g) Education completed:
  - Some high school
  - High school/GED
  - High school graduate
  - Vocational School
  - Associates Degree
  - Bachelors Degree
  - Masters Degree
  - PhD
  - Other Post Graduate Degree
- h) Employment type:
  - Salaried
  - Contractor
  - Union

- Union Contractor
- i) Which best describes your current position/level?
  - Staff
  - Management
  - Upper Management
  - Other (Specify: \_\_\_\_\_)

## Appendix C – Letter of Support



March 6, 2012

Dear Employees:

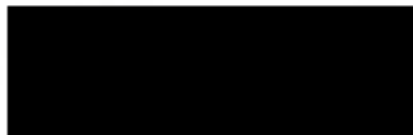
On behalf of the [REDACTED] Inclusiveness Council, formerly known as the Diversity Council, we invite you to participate in an important first step in the development of an agency-wide Inclusiveness Initiative.

The Inclusiveness Council, in partnership with experts from the University of Denver's National Center for Intermodal Transportation (NCIT), encourages every employee to participate in this anonymous survey by sharing your experiences and suggestions in measuring inclusivity in the work place, which will then assist them in making changes which may be necessary to create and maintain a positive work atmosphere.

Your anonymous responses will be held in strict confidence by the University of Denver, who will compile the survey results and whose assistance is made possible by a grant from the U.S. Department of Transportation. The surveys will be handled only by the staff of the NCIT. The final survey results will be used to develop an Inclusiveness Initiative for adoption throughout the [REDACTED] District.

We invite you to join us in this first important step in achieving one of the goals of the [REDACTED] Inclusiveness Council by completing the attached survey. Thank you for your continuous hard work and dedication which has made [REDACTED] the best transit agency in North America.

Sincerely,



## Appendix D – Letter of Introduction

### University of Denver Inclusiveness Survey

#### Inclusiveness is defined as:

"The [REDACTED] Inclusiveness Committee has defined inclusiveness as the general feeling of acceptance of one's unique individual characteristics and point-of-view by members of his or her immediate work group and the organization as a whole"

#### Confidentiality and Joint Approval

- Actual responses to the questions will only be viewed by the research team from the Transportation Institute at DU. Your responses and comments will not be individually identifiable.
- This survey has been approved by [REDACTED] General Manager and [REDACTED] President ATU, Local [REDACTED].

#### INSTRUCTIONS:

When answering the questions please think in terms of your recent experiences (in the last *12 months*) at [REDACTED].

#### Also keep in mind the following:

- The only data reported will be aggregate statistics such as percentages, means, medians and standard deviations
- Any verbatim comments will be edited substantially and summarized with other similar comments
- Demographic Information: Your answers to these questions will not be as useful if the demographic information (at the end of the survey) is not provided. Please provide the additional demographic information requested at the end of the survey.
- This survey must be completed by a person expressing their own attitudes regarding the inclusiveness atmosphere in their department.
- Upon successful completion of this survey, participants will be offered a valuable coupon redeemable at a local business.

Additional demographic information will be REQUESTED at the end of the following survey, however, please remember that **your identity will not be recorded** or associated in any manner with these comments and responses. **THANK YOU!**